

Catharsis Equality Policy Statement

CATHARSIS understands that the principles of equality are subject to law within the key areas of race, gender, disability, religious or non-religious beliefs, age and sexual orientation. These principles will be upheld by CATHARSIS and applied to all aspects of its business dealings with partners, freelance therapists, clients or employers. It will actively promote equality as a fundamental principle of its ethos and will avoid discrimination of any kind.

CATHARSIS recognises that all people will have different needs and should be treated fairly and given equal chances throughout their lives in general and particularly throughout their education or careers in this country.

CATHARSIS aims to be inclusive in ways that go beyond legal minimums

CATHARSIS understands the concept of diversity and will ensure that it respects the differences of people's backgrounds and attitudes in its dealings with its partners, freelance therapists, clients or employers.

Our Commitment to Action

In addition to meeting all legal requirements, CATHARSIS is committed to fostering a culture where equality, diversity, and inclusion are actively promoted and continually improved. We will regularly review our practices, seek and act on feedback, and address any barriers to full participation. We encourage all members of our team, partners, and collaborators to take shared responsibility for upholding these values. Any concerns can be raised in confidence and will be addressed promptly and without fear of retaliation.

Signed



Hannah Robertson
Managing Director

Review

Implementation / Review date	Reviewers
August 2025	Hannah Robertson
Next Review date	Keren Adler
August 2026	